

**HANDOUT 9B****Family Problem-Solving Form (Completed Example)**

Meeting date: 8/8 Meeting time: 7 p.m. Place of meeting: Kitchen  
Person bringing up the problem: Mom Person helping solve the problem: Mom and David  
Problem: walking the dog  
Was the problem stated in a neutral way? ☒ Yes ☐ No

**Ideas to Solve the Problem**

1. David can walk the dog when he gets home from school.  
Pros: The dog is walked, and the chore is complete.  
Cons: David has to do this alone, and would like company.
2. Mom and David can walk the dog when she gets home from work.  
Pros: David and mom get to do this together.  
Cons: The dog has to wait for a walk and has a lot of energy, and no one is cooking dinner.
3. Mom walks dog after dinner.  
Pros: David can complete homework while mom is walking dog.  
Cons: The dog has to wait a long time.

**Solution(s) Chosen**

David and Mom will walk the dog together when mom gets home from work.

Date and time for follow-up meeting: 8/15 at 7 p.m.  
Parent's signature: Mom Child's signature: David