

HANDOUT 7G**Home Practice: House Rules and Consequences Tracking**

List up to three house rules. For each rule, 1) write down how you will check if the rule is followed, 2) identify an effective consequence to apply if rule is not followed, checking that it is logical and meets SANE guidelines.

Track whether your child followed the rule. If not, check whether you applied the consequence using C-A-L-M guidelines and the formula to apply the consequence on Handout 7E. If your child broke the rule and you did not apply the consequence, write down why.

	Date	Date	Date
Rule 1:			
Check:			
Consequence: Logical SANE			
Your child followed the rule?	Yes No	Yes No	Yes No
Delivered consequence with C-A-L-M guidelines?	Yes No N/A	Yes No N/A	Yes No N/A
Delivered consequence using formula to apply the consequence on Handout 7E?	Yes No N/A	Yes No N/A	Yes No N/A
If child broke the rule and you did not deliver consequence, what got in the way?			

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	Date	Date	Date
Rule 2:			
Check:			
Consequence: Logical SANE			
Your child followed the rule?	Yes No	Yes No	Yes No
Delivered Consequence with C-A-L-M guidelines?	Yes No N/A	Yes No N/A	Yes No N/A
Delivered Consequence using formula to apply the consequence on handout 7E?	Yes No N/A	Yes No N/A	Yes No N/A
If child broke the rule and you did not deliver consequence, what got in the way?			

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	Date	Date	Date
Rule 3:			
Check:			
Consequence: Logical SANE			
Your child followed the rule?	Yes No	Yes No	Yes No
Delivered Consequence with C-A-L-M guidelines?	Yes No N/A	Yes No N/A	Yes No N/A
Delivered Consequence using formula to apply the consequence on handout 7E?	Yes No N/A	Yes No N/A	Yes No N/A
If child broke the rule and you did not deliver consequence, what got in the way?			