

## HANDOUT 5A

## Active Listening Check-Up

Did you . . .

Look at your child?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Show understanding?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Nod your head or say “uh-huh”?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Practice patience?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Paraphrase what your child said?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Emphasize positive behaviors?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Use open-ended questions?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

What was your child’s mood?   ☐ Positive      ☐ Neutral      ☐ Negative

What specific things did you learn from your child?

What are your goals for listening to your child?

What is the hardest part of gathering information about your child’s friends and activities?

What strategies have you found to be most successful for gathering information?