

1. “My schedule is too full to review the plan each day. Should I still do a behavior plan?”
 - The goal of the plan is to teach your child positive behaviors by encouraging daily efforts. Reviewing a plan daily is ideal, but sometimes schedules may not allow for that. If you can’t check the plan every day, check it as often as you can.
2. “My child isn’t interested in the plan, and we battle over getting it done.”
 - Check to make sure the task isn’t too difficult and that it is clearly specified.
 - Are you reviewing progress and offering incentives every time? Your interest and words of encouragement for efforts can go a long way, so offer verbal praise, high-fives, and hugs as well as any tangible incentives.
 - Your child may already be getting incentives without cooperating with the plan. If so, you’ll want to change what your child gets as a “freebie” and what he or she earns as an incentive.
 - Your child may also be doing many things that are positive without being reinforced. It might be useful to put one or two of these behaviors on the plan. That way, you are more likely to be able to focus on something positive.
3. “After a few weeks, my child is no longer interested in the plan, and the behavior is already better.”
 - Once a child has been successful with a daily plan and rewards, the time it takes to earn the incentives can be lengthened. Or, if the behavior is what you want it to be and it seems the incentive are increasingly unnecessary, offer lots of verbal praise to reinforce your child completing the goal behavior. Then, enjoy your success together and you can decide if you want to work with your child to create a new plan for a new goal behavior.