



Promoting positive child outcomes

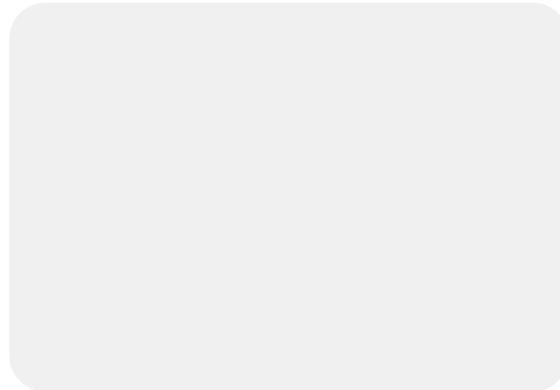
Family support individualized for children and parents:

- Brief, home-based
- Strengths-based
- Collaborative and empowering
- Family-centered
- Parent-led

Family Check-Up® is family-centered and focuses on identifying strengths as well as areas for improvement in parenting.

CONTACT

Contact us to learn more:



A brief, strengths-based intervention for families with children aged 2-17





The Family Check-Up[®] is intended for families in which the child is living with the caregiver(s)

The Family Check-Up[®] is available in both English and Spanish

Family Check-Up[®]: Assessment and Goal Setting Component

- ✔ Combines empirically-validated assessment with motivational interviewing to engage families in identifying strengths and areas for improvement in parenting
- ✔ Uses collaborative feedback and goal-setting processes with parents to bridge to Everyday Parenting and other follow-up services as needed

Family Check-Up[®]: Everyday Parenting[®] Component Positive Parenting Skills Program

- ✔ Provides parents with simple, practical parenting strategies to promote positive child development



“ The Family Check-Up taught me to be more of a listener, be more understanding.”

- **Parent Testimonial**

“ I know Family Check-Up is working for me and my family because of the changes.”

- **Parent Testimonial**



The Family Check-Up[®] has been shown to have many benefits in childhood, adolescence and young adulthood that are long-lasting and lead to the following...

- Improved behavior
- Improved mental health
- Reduced substance use
- Reduced likelihood of arrest in early adulthood